

Federation Date MeetCoun MeetState MeetTown MeetName Formula  
 IPF 05/08/2023 YNEPF NO\ IPF GL Points

Place	Name	Sex	Equipment	Division	Bodyweigh	WeightCla	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squa	Bench1Kg	Bench2Kg	Bench3Kg	Best3Benc	Deadlift1K	Deadlift2K	Deadlift3K	Best3Dead	TotalKg	Points	Event	
NS	Finnley Murra	M	Raw	MR-O																		SBD
NS	Issac Davies	M	Raw	MR-O																		SBD
NS	Jack Jarmer	M	Raw	MR-O																		SBD
1	Jakub Kostrzel	M	Raw	MR-O	64	66	132.5	137.5	142.5	142.5	62.5	67.5	72.5	72.5	165	175	180	180	395	62.59	SBD	
2	Kush Makkapa	M	Raw	MR-O	64.5	66	115	117.5	125	125	75	-85	-87.5	75	175	185	192.5	192.5	392.5	61.93	SBD	
3	Mahmoud Abi	M	Raw	MR-O	65.4	66	112.5	115	125	125	95	100	102.5	102.5	140	152.5	160	160	387.5	60.7	SBD	
4	William Richm	M	Raw	MR-O	60.4	66	90	102.5	112.5	112.5	60	70	75	75	110	122.5	130	130	317.5	51.88	SBD	
5	Oliver Armstrc	M	Raw	MR-O	60.8	66	90	100	105	105	50	-60	60	60	120	127.5	135	135	300	48.85	SBD	
6	Zeeshan ali	M	Raw	MR-O	64.3	66	65	75	-82.5	75	-50	50	-55	50	102.5	115	130	130	255	40.3	SBD	
DQ	Liam O'Rourke	M	Raw	MR-O	62.1	66	-110	-110	-115		-85	-85	-85		125	140	155	155				SBD
1	Reece Morgan	M	Raw	MR-O	72.6	74	185	192.5	-197.5	192.5	115	120	-122.5	120	210	222.5	-230	222.5	535	79.33	SBD	
2	Joss Salton	M	Raw	MR-O	72.1	74	160	172.5	175	175	85	95	100	100	-190	205	215	215	490	72.92	SBD	
3	Kyle Williams	M	Raw	MR-O	69.2	74	157.5	165	170	170	95	-100	100	100	205	212.5	-220	212.5	482.5	73.36	SBD	
4	Ufuk Altı	M	Raw	MR-O	73.7	74	165	-170	-170	165	97.5	102.5	107.5	107.5	200	-215	-215	200	472.5	69.51	SBD	
5	Steven Wan	M	Raw	MR-O	71.6	74	145	155	-167.5	155	102.5	110	-115	110	170	180	187.5	187.5	452.5	67.58	SBD	
6	Sun Baram	M	Raw	MR-O	72.1	74	125	-140	140	140	80	87.5	-92.5	87.5	-180	190	200	200	427.5	63.62	SBD	
7	Mohamed Etri	M	Raw	MR-O	73.3	74	140	150	-155	150	80	90	92.5	92.5	165	172.5	177.5	177.5	420	61.97	SBD	
8	Samuel Penna	M	Raw	MR-O	70	74	145	155	160	160	82.5	90	92.5	92.5	150	160	-165	160	412.5	62.34	SBD	
1	Josh Lane	M	Raw	MR-O	81.7	83	-175	175	182.5	182.5	120	-125	-125	120	185	200	-210	200	502.5	70.12	SBD	
2	Muhammad B	M	Raw	MR-O	81.9	83	-165	167.5	170	170	110	115	117.5	117.5	190	200	202.5	202.5	490	68.29	SBD	
3	Adam Maltom	M	Raw	MR-O	75.3	83	140	-160	160	160	95	100	110	110	160	180	200	200	470	68.38	SBD	
4	Jack Ashurst	M	Raw	MR-O	74.4	83	-165	165	170	170	80	87.5	92.5	92.5	190	-200	205	205	467.5	68.44	SBD	
5	Rahul Radhakr	M	Raw	MR-O	76.9	83	140	155	165	165	90	95	100	100	180	195	-205	195	460	66.2	SBD	
6	Jordan Bruce	M	Raw	MR-O	77.6	83	140	147.5	155	155	90	95	-100	95	185	195	205	205	455	65.18	SBD	
7	Matthew Con	M	Raw	MR-O	83	83	75	85	-92.5	85	45	50	52.5	52.5	75	85	-95	85	222.5	30.8	SBD	
8	David Lacey	M	Raw	MR-O	77.3	83	57.5	60	-62.5	60	40	42.5	45	45	67.5	72.5	77.5	77.5	182.5	26.2	SBD	
DQ	Scott Ferguson	M	Raw	MR-O	81.6	83	170	172.5	-180	172.5	-90	-95	-95		190	200	210	210				SBD
1	Alexander Gat	M	Raw	MR-O	91.6	93	-215	215	-225	215	115	120	125	125	220	240	-260	240	580	76.44	SBD	
2	Anuj Deshmuk	M	Raw	MR-O	85.1	93	-180	180	190	190	125	132.5	-140	132.5	212.5	217.5	222.5	222.5	545	74.5	SBD	
3	Christopher B	M	Raw	MR-O	85.1	93	175	185	190	190	120	-125	-125	120	190	202.5	-215	202.5	512.5	70.06	SBD	
4	Zain ahmed	M	Raw	MR-O	91.5	93	175	185	-192.5	185	-120	120	127.5	127.5	185	200	-215	200	512.5	67.58	SBD	
5	Kyle Maloney	M	Raw	MR-O	87.2	93	180	-190	-190	180	100	105	-110	105	215	225	-230	225	510	68.87	SBD	
6	Adam Gucwa	M	Raw	MR-O	91.6	93	155	165	175	175	115	125	-135	125	190	200	210	210	510	67.22	SBD	
7	Josh Dawson	M	Raw	MR-O	88.4	93	175	190	-200	190	100	-107.5	107.5	107.5	175	190	200	200	497.5	66.73	SBD	
8	Sam Edmonds	M	Raw	MR-O	87.2	93	165	172.5	180	180	97.5	102.5	105	105	200	210	-215	210	495	66.85	SBD	
9	Jack Elston	M	Raw	MR-O	91	93	150	160	170	170	90	100	-107.5	100	195	210	225	225	495	65.45	SBD	
10	Michael Lee	M	Raw	MR-O	89.9	93	140	147.5	155	155	100	-105	-105	100	205	212.5	-220	212.5	467.5	62.18	SBD	
11	Murat Gumus	M	Raw	MR-O	91.5	93	135	145	152.5	152.5	102.5	110	115	115	165	185	200	200	467.5	61.65	SBD	
12	Ross Johnson	M	Raw	MR-O	83.2	93	135	140	155	155	105	-110	-112.5	105	180	190	-200	190	450	62.22	SBD	
13	Jack lynch	M	Raw	MR-O	91.9	93	150	160	175	175	70	80	-87.5	80	170	180	195	195	450	59.21	SBD	
14	Michael Evans	M	Raw	MR-O	89.7	93	150	160	-170	160	-105	105	-110	105	157.5	167.5	177.5	177.5	442.5	58.92	SBD	
15	Ben Greer	M	Raw	MR-O	85.5	93	145	152.5	-157.5	152.5	-92.5	100	-105	100	175	185	-195	185	437.5	59.66	SBD	
16	Micheal Hollin	M	Raw	MR-O	87	93	140	147.5	152.5	152.5	82.5	87.5	-90	87.5	145	155	165	165	405	54.75	SBD	
1	Kyle Mitchell	M	Raw	MR-O	99.1	105	205	217.5	230	230	135	142.5	150	150	270	287.5	302.5	302.5	682.5	86.59	SBD	

2	Evangelos Das M	Raw	MR-O	101.4	105	190	200	-207.5	200	160	170	175	175	230	240	247.5	247.5	622.5	78.12 SBD
3	Joe Williamsoi M	Raw	MR-O	102	105	200	-215	215	215	135	142.5	-150	142.5	220	240	-257.5	240	597.5	74.78 SBD
4	Jacob Sharry-E M	Raw	MR-O	102.9	105	210	225	-240	225	110	120	-130	120	-200	215	230	230	575	71.67 SBD
5	David Magee M	Raw	MR-O	97	105	157.5	170	185	185	105	115	-122.5	115	190	210	225	225	525	67.29 SBD
1	Matthew Burt M	Raw	MR-O	119.5	120	190	192.5	220	220	120	130	142.5	142.5	230	245	250	250	612.5	71.33 SBD
2	Joshua Johnso M	Raw	MR-O	117.8	120	175	-185	190	190	100	107.5	115	115	200	212.5	-225	212.5	517.5	60.65 SBD
1	Alexander Gilé M	Raw	MR-O	137.1	120+	110	120	130	130	75	80	85	85	90	110	117.5	117.5	332.5	36.55 SBD
1	Harry Belcher M	Raw	MR-O	78	83					95	100	-105	100					100	51.87 B
1	Slyvie Thomas F	Raw	FR-O	51	52	85	90	95	95	52.5	57.5	60	60	87.5	97.5	102.5	102.5	257.5	66.13 SBD
G	Ruth Fowles F	Raw	FR-O	52	52	87.5	-95	-95	87.5	57.5	-62.5	62.5	62.5	122.5	130	137.5	137.5	287.5	72.6 SBD
1	Amethyst Johr F	Raw	FR-O	54.6	57	95	102.5	-107.5	102.5	55	57.5	60	60	112.5	117.5	125	125	287.5	69.72 SBD
2	Christy bond F	Raw	FR-O	54.9	57	95	100	102.5	102.5	40	42.5	-47.5	42.5	110	117.5	122.5	122.5	267.5	64.59 SBD
1	Sonia Reeve F	Raw	FR-O	62	63	-107.5	107.5	-112.5	107.5	47.5	50	-55	50	165	175	182.5	182.5	340	75.17 SBD
2	Amelia Nagar F	Raw	FR-O	61.7	63	105	110	115	115	52.5	55	60	60	135	142.5	147.5	147.5	322.5	71.53 SBD
3	Emily Westray F	Raw	FR-O	61	63	95	100	105	105	55	60	-62.5	60	-100	100	107.5	107.5	272.5	60.9 SBD
1	Elif Celikay F	Raw	FR-O	67.3	69	117.5	125	132.5	132.5	62.5	65	-67.5	65	150	160	162.5	162.5	360	75.65 SBD
2	Holly Wain F	Raw	FR-O	68.1	69	77.5	82.5	-87.5	82.5	45	47.5	-50	47.5	105	115	-122.5	115	245	51.13 SBD
1	Katherine Jahr F	Raw	FR-O	73.5	76	115	125	-130	125	75	80	-82.5	80	140	150	-155	150	355	71.14 SBD
2	Abbie Marshal F	Raw	FR-O	74.5	76	115	120	125	125	62.5	65	67.5	67.5	140	150	157.5	157.5	350	69.67 SBD
3	Jazz Harrison F	Raw	FR-O	72.5	76	117.5	125	-130	125	55	60	-62.5	60	135	147.5	157.5	157.5	342.5	69.11 SBD
4	Hannah Phipp F	Raw	FR-O	74.4	76	95	105	115	115	-50	50	-60	50	100	110	120	120	285	56.77 SBD
5	Kate Montagu F	Raw	FR-O	73.9	76	70	80	90	90	45	50	-55	50	105	112.5	120	120	260	51.96 SBD
6	Karen Horwoo F	Raw	FR-O	69.2	76	55	60	62.5	62.5	45	50	-55	50	112.5	117.5	125	125	237.5	49.12 SBD
1	Liz Elfleet F	Raw	FR-O	82.6	84	57.5	62.5	70	70	32.5	37.5	-40	37.5	95	100	105	105	212.5	40.4 SBD
2	Louise Windez F	Raw	FR-O	81.1	84	-67.5	70	72.5	72.5	40	-45	-45	40	77.5	80	85	85	197.5	37.83 SBD
1	Megan Willian F	Raw	FR-O	86.9	84+	125	135	140	140	60	62.5	65	65	147.5	157.5	165	165	370	68.98 SBD
2	Asraa Alaynah F	Raw	FR-O	91.8	84+	82.5	92.5	105	105	47.5	55	-60	55	120	135	142.5	142.5	302.5	55.34 SBD