

OPL Fr Submit by email: issues@openpowerlifting.org

Feder: Date Meet: MeetSta MeetTo: M Formula
 YNE '2023-01-28 UK Ashingt YN IPF GL Points YNE Winter Open January

Place	Name	Sex	Age	Country	St: Equipm	Division	Bodywei	WeightC	Squat1K	Squat2K	Squat3K	Best3Sqt	Bench1K	Bench2K	Bench3K	Best3Bei	Deadlift1	Deadlift:	Deadlift:	Best3De:	TotalKg	Points	Event
1	Kate Clarke	F	41	UK	Raw	FR-O	51.8	52	110	115	-120	115	57.5	60	62.5	62.5	130	137.5	142.5	142.5	320	81.07	SBD
2	Mia Wannop	F	21	UK	Raw	FR-O	51.4	52	95	102.5	107.5	107.5	40	42.5	-47.5	42.5	107.5	117.5	-127.5	117.5	267.5	68.23	SBD
3	Violet Clarke	F	16	UK	Raw	FR-O	51.2	52	65	67.5	72.5	72.5	35	40	-42.5	40	95	102.5	105	105	217.5	55.66	SBD
1	Katie Travers	F		UK	Raw	FR-O	54.4	57	100	110	120	120	50	52.5	-55	52.5	140	152.5	165.5	165.5	338	82.21	SBD
2	Amelia Hoggard-Leathers	F		UK	Raw	FR-O	53.6	57	87.5	95	-100	95	55	60	-65	60	115	120	127.5	127.5	282.5	69.54	SBD
3	Tiffany Hodkinson	F	51	UK	Raw	FR-O	56.2	57	75	80	85	85	45	47.5	50	50	120	130	135	135	270	64.01	SBD
DQ	Ellie Taylor	F	21	UK	Raw	FR-O	56.6	57	100	-107.5	107.5	107.5	47.5	-50	-50	47.5	-115	-115	-115				SBD
1	Julia Priestley-Witczak	F		UK	Raw	FR-O	62.6	63	112.5	120	125	125	55	57.5	60	60	137.5	145	-150	145	330	72.5	SBD
1	Jolanta Akins	F		UK	Raw	FR-O	68.4	69	120	127.5	132.5	132.5	55	57.5	-60	57.5	130	142.5	-150	142.5	332.5	69.22	SBD
2	Holly Wain	F		UK	Raw	FR-O	67	69	65	70	75	75	40	42.5	45	45	90	100	110	110	230	48.46	SBD
DQ	Estelle Varley	F	21	UK	Raw	FR-O	67.6	69	120	125	-130	125	50	-55	-55	50	-130	-130	-130				SBD
1	Hollie Johnson	F		UK	Raw	FR-O	74.8	76	120	130	137.5	137.5	75	82.5	85	85	140	150	157.5	157.5	380	75.49	SBD
2	Jenna Elise Tweddle	F	22	UK	Raw	FR-O	74.6	76	120	130	-137.5	130	65	70	72.5	72.5	140	147.5	155	155	357.5	71.11	SBD
3	Eve Hesselwood	F	21	UK	Raw	FR-O	74.6	76	102.5	110	117.5	117.5	60	65	-67.5	65	-142.5	142.5	-150	142.5	325	64.65	SBD
4	Rebecca Thomas-Sives	F		UK	Raw	FR-O	71.2	76	110	117.5	-127.5	117.5	55	60	-62.5	60	127.5	135	145	145	322.5	65.69	SBD
1	Tanya walis	F		UK	Raw	FR-O	84	84	105	115	-125	115	60	65	-70	65	135	145	152.5	152.5	332.5	62.79	SBD
2	Pauline Watson	F	52	UK	Raw	FR-O	84	84	90	100	110	110	45	52.5	-57.5	52.5	140	150	162.5	162.5	325	61.38	SBD
1	Jodie Hall	F	41	UK	Raw	FR-O	98.8	84+	130	142.5	150	150	70	77.5	80	80	132.5	147.5	160	160	390	69.78	SBD
2	Lorren Sellars	F		UK	Raw	FR-O	91	84+	125	132.5	-137.5	132.5	60	-67.5	-67.5	60	145	155	-162.5	155	347.5	63.76	SBD
3	Fiona Gaffney	F	41	UK	Raw	FR-O	109.6	84+	80	-90	100	100	65	70	75	75	115	125	135	135	310	54.07	SBD
1	Sarah Louise Farmer	F		UK	Raw	FR-O	80.6	84					70	-75	-75	70					70	52.8	B
1	Samuel Parkin	M	21	UK	Raw	MR-O	56.8	59	100	110	120	120	65	72.5	77.5	77.5	145	157.5	-170	157.5	355	59.95	SBD
2	Jamie Ross	M	16	UK	Raw	MR-O	59	59	-100	-100	105	105	50	52.5	55	55	105	110	115	115	275	45.51	SBD
1	jack Czerepok	M	21	UK	Raw	MR-O	61.8	66	-95	95	-107.5	95	82.5	90	-95	90	125	140	160	160	345	55.69	SBD
1	Ryan Hill	M		UK	Raw	MR-O	72.2	74	170	180	182.5	182.5	127.5	130	135	135	237.5	-252.5	252.5	252.5	570	84.76	SBD
2	Jack Beazley	M		UK	Raw	MR-O	73.4	74	195	205	212.5	212.5	100	107.5	112.5	112.5	205	215	225	225	550	81.09	SBD
3	Simon Howarth	M		UK	Raw	MR-O	72.8	74	180	192.5	-200	192.5	105	115	120	120	200	212.5	222.5	222.5	535	79.21	SBD
4	Joe McCartney	M		UK	Raw	MR-O	73	74	175	185	-192.5	185	110	115	-117.5	115	-217.5	225	232.5	232.5	532.5	78.73	SBD
5	Xander JM Gowler	M		UK	Raw	MR-O	73.4	74	170	177.5	182.5	182.5	112.5	117.5	-120	117.5	175	187.5	192.5	192.5	492.5	72.61	SBD
6	Thomas Cross	M	21	UK	Raw	MR-O	72.8	74	175	180	185	185	102.5	105	107.5	107.5	175	185	-195	185	477.5	70.7	SBD
7	Tyler Fieldhouse	M	21	UK	Raw	MR-O	70.2	74	130	135	142.5	142.5	82.5	90	100	100	180	187.5	200	200	442.5	66.77	SBD
8	Joel Craven Huffer	M		UK	Raw	MR-O	67.6	74	125	127.5	130	130	65	67.5	70	70	160	167.5	172.5	172.5	372.5	57.34	SBD
1	Sam Read	M		UK	Raw	MR-O	82.8	83	207.5	217.5	222.5	222.5	132.5	-140	-140	132.5	225	237.5	245	245	600	83.16	SBD
2	Samuel Syson	M		UK	Raw	MR-O	79.8	83	170	-180	-182.5	170	130	137.5	142.5	142.5	200	210	220	220	532.5	75.2	SBD
3	Richard Courtney	M		UK	Raw	MR-O	81.8	83	180	190	-200	190	117.5	125	-130	125	205	215	-225	215	530	73.91	SBD
4	Christopher Jones	M		UK	Raw	MR-O	82.6	83	170	180	-190	180	-115	120	-130	120	200	210	-220	210	510	70.77	SBD
5	William Kendall	M		UK	Raw	MR-O	76.8	83	172.5	185	190	190	105	-112.5	112.5	112.5	185	-197.5	197.5	197.5	500	72.01	SBD
6	Max Hutcheon	M		UK	Raw	MR-O	79.8	83	110	117.5	125	125	95	105	-110	105	115	122.5	130	130	360	50.84	SBD

1	Jack Gaffney	M	UK	Raw	MR-O	90	93	-240	240	-245	240	150	-160	160	160	270	285	-287.5	285	685	91.07 SBD
2	Harris Tunku Hammam	M	UK	Raw	MR-O	90	93	190	200	205	205	112.5	117.5	120	120	245	260	270	270	595	79.1 SBD
3	Connor Wadsworth	M	UK	Raw	MR-O	85.8	93	160	180	200	200	100	-110	110	110	190	210	220	220	530	72.15 SBD
4	Alexander Gates	M	UK	Raw	MR-O	87.6	93	175	-190	200	200	95	102.5	110	110	185	200	210	210	520	70.06 SBD
5	Murat Gumus	M	UK	Raw	MR-O	91.4	93	120	135	145	145	97.5	107.5	115	115	165	185	195	195	455	60.03 SBD
1	Anthony McLaughlin	M	UK	Raw	MR-O	104.2	105	217.5	230	-237.5	230	135	142.5	147.5	147.5	255	270	282.5	282.5	660	81.78 SBD
2	Ed Lloyd	M	UK	Raw	MR-O	102	105	180	190	205	205	140	150	155	155	235	245	255	255	615	76.97 SBD
3	Joseph Williamson	M	UK	Raw	MR-O	104.2	105	185	195	-207.5	195	127.5	135	140	140	195	212.5	225	225	560	69.39 SBD
4	Adam Thompson	M	UK	Raw	MR-O	95.6	105	145	155	162.5	162.5	90	97.5	105	105	185	202.5	210	210	477.5	61.64 SBD
1	Tom Whinnie	M	UK	Raw	MR-O	113	120	165	180	-190	180	110	117.5	-122.5	117.5	175	192.5	200	200	497.5	59.39 SBD
1	Oliver Barr	M	16 UK	Raw	MR-O	66	66					100	-106	-106	100					100	56.72 B
1	Sean Gaffney	M	UK	Raw	MR-O	113.6	120					150	165	170	170					170	73.45 B
1	Gary Lovett	M	UK	Wraps	MR-O	91.4	93					165	-185.5	-185.5	165					165	78.95 B