

OPL For Submit by email: [issues@openpowerlifting.org](mailto:issues@openpowerlifting.org)

Federat Date: 2023-10-14  
 MeetC: GBR YNE  
 MeetSt: MeetTo: October 0  
 MeetNam: IPF GL Points  
 Formula:

Place	Name	Sex	ry	State	Count	Equipmen	Division	Bodywe	WeightCla	ightKg	ssKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3Sq	uatKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3Ben	Deadlift1	Deadlift2	Deadlift3	Best3Dea	dliftKg	TotalKg	Points	Event
1	Tiffany Hodkinson	F	GBR	YNE	Raw	FR-O		56	57	90	95	97.5	97.5	50	52.5	-55	52.5	140	150	-152.5	150	300	71.32	SBD				
2	Joanne Duckett	F	GBR	YNE	Raw	FR-O		57	57	90	-95	-95	90	55	57.5	-60	57.5	120	125	-130	125	272.5	63.92	SBD				
3	Penny Walker	F	GBR	YNE	Raw	FR-O		55.2	57	52.5	60	-62.5	60	45	47.5	50	50	65	-77.5	82.5	82.5	192.5	46.28	SBD				
1	Jolanta Akins	F	GBR	YNE	Raw	FR-O		62.8	63	130	137.5	142.5	142.5	60	-65	-65	60	135	142.5	145	145	347.5	76.18	SBD				
2	Arisha Ahmed	F	GBR	YNE	Raw	FR-O		62.4	63	90	97.5	102.5	102.5	55	60	-62.5	60	122.5	135	140	140	302.5	66.59	SBD				
3	Alice Alston	F	GBR	YNE	Raw	FR-O		62.4	63	100	105	107.5	107.5	55	60	-62.5	60	112.5	120	130	130	297.5	65.49	SBD				
1	Elif Celikay	F	GBR	YNE	Raw	FR-O		65.8	69	125	132.5	137.5	137.5	60	65	70	70	-152.5	152.5	-160	152.5	360	76.66	SBD				
2	Kate Howley	F	GBR	YNE	Raw	FR-O		68.2	69	87.5	95	102.5	102.5	57.5	-62.5	-62.5	57.5	110	120	130	130	290	60.48	SBD				
1	Pauline Watson	F	GBR	YNE	Raw	FR-O		75.8	76	105	112.5	120	120	47.5	52.5	-55	52.5	152.5	162.5	172.5	172.5	345	68.1	SBD				
2	Hannah Phipps	F	GBR	YNE	Raw	FR-O		76	76	100	112.5	120	120	47.5	55	60	60	107.5	117.5	125	125	305	60.13	SBD				
3	Morgan Isherwood	F	GBR	YNE	Raw	FR-O		75.8	76	80	82.5	85	85	37.5	40	42.5	42.5	90	95	100	100	227.5	44.91	SBD				
1	Carole O'Neil	F	GBR	YNE	Raw	FR-O		77.4	84	120	127.5	130	130	77.5	80	82.5	82.5	152.5	162.5	170	170	382.5	74.78	SBD				
1	Fiona Gaffney	F	GBR	YNE	Raw	FR-O		111.6	84+	112.5	120	125	125	80	82.5	87.5	87.5	122.5	130	140	140	352.5	61.25	SBD				
2	Dawn McIlwrath	F	GBR	YNE	Raw	FR-O		106.8	84+	85	92.5	100	100	50	55	57.5	57.5	130	-140	142.5	142.5	300	52.63	SBD				
3	Jas Friar	F	GBR	YNE	Raw	FR-O		88.8	84+	85	95	102.5	102.5	40	45	47.5	47.5	92.5	102.5	110	110	260	48.1	SBD				
1	Joe McCartney	M	GBR	YNE	Raw	MR-O		65.4	66	180	187.5	192.5	192.5	110	115	-117.5	115	215	220	-222.5	220	527.5	82.63	SBD				
2	Jack Lewins	M	GBR	YNE	Raw	MR-O		60.4	66	95	-110	112.5	112.5	62.5	72.5	77.5	77.5	135	145	150	150	340	55.56	SBD				
3	Jamie Ross	M	GBR	YNE	Raw	MR-O		63.2	66	105	110	115	115	62.5	65	67.5	67.5	127.5	132.5	135	135	317.5	50.64	SBD				
4	Oliver Armstrong	M	GBR	YNE	Raw	MR-O		60	66	50	-52.5	-55	50	55	62.5	-65	62.5	70	72.5	75	75	187.5	30.75	SBD				
G	Ibrahim kilmister	M	GBR	YNE	Raw	MR-O		62.8	66	-100	100	-102.5	100	70	-75	-75	70	122.5	130	135	135	305	48.82	SBD				
1	Matthew Culshaw	M	GBR	YNE	Raw	MR-O		71.2	74	85	92.5	100	100	60	65	70	70	110	120	130	130	300	44.94	SBD				
1	James Duff	M	GBR	YNE	Raw	MR-O		82.8	83	250	260	-265	260	137.5	145	150	150	245	255	255	255	665	92.17	SBD				
2	Oliver James	M	GBR	YNE	Raw	MR-O		80	83	200	210	215	215	120	125	130	130	230	240	245	245	590	83.21	SBD				
3	Rohan Maskrey	M	GBR	YNE	Raw	MR-O		81.6	83	187.5	195	202.5	202.5	127.5	-130	-130	127.5	230	245	-255	245	575	80.28	SBD				
4	Xander Gowler	M	GBR	YNE	Raw	MR-O		81.8	83	187.5	195	200	200	125	130	-132.5	130	-205	205	217.5	217.5	547.5	76.35	SBD				
5	Alvin Lewis	M	GBR	YNE	Raw	MR-O		81.2	83	-160	170	190	190	107.5	117.5	122.5	122.5	190	215	227.5	227.5	540	75.59	SBD				
6	Will Haselden	M	GBR	YNE	Raw	MR-O		82.8	83	130	140	145	145	95	100	-105	100	170	185	200	200	445	61.67	SBD				
1	owen marron	M			Raw	MR-O		91.8	93	245	255	-260	255	160	165	170	170	275	300	315	315	740	97.42	SBD				
2	Jack l'Anson	M	GBR	YNE	Raw	MR-O		92.8	93	245	255	265	265	130	137.5	142.5	142.5	260	275	-300	275	682.5	89.38	SBD				
3	Liam McDermott	M	GBR	YNE	Raw	MR-O		91	93	250	260	-262.5	260	132.5	-140	140	140	242.5	250	-255	250	650	85.94	SBD				
4	Ryan Kelly	M	GBR	YNE	Raw	MR-O		89.8	93	205	217.5	225	225	140	147.5	-150	147.5	225	232.5	-240	232.5	605	80.52	SBD				
5	Josh Daws	M	GBR	YNE	Raw	MR-O		91.8	93	190	202.5	210	210	125	-130	-130	125	240	255	265	265	600	78.99	SBD				
6	Philip Lloyd	M	GBR	YNE	Raw	MR-O		89.6	93	192.5	202.5	-210	202.5	117.5	125	127.5	127.5	225	235	242.5	242.5	572.5	76.28	SBD				
7	Patrick Moorhouse	M	GBR	YNE	Raw	MR-O		91.4	93	202.5	212.5	-220	212.5	115	120	-122.5	120	230	-240	240	240	572.5	75.53	SBD				
8	Nick Jones	M	GBR	YNE	Raw	MR-O		91.8	93	180	190	200	200	120	125	-127.5	125	215	225	235	235	560	73.73	SBD				
9	Shaun abbott	M	GBR	YNE	Raw	MR-O		86.6	93	200	212.5	-217.5	212.5	125	130	-135	130	205	215	-217.5	215	557.5	75.54	SBD				
10	Josh Dawson	M	GBR	YNE	Raw	MR-O		87.8	93	180	192.5	202.5	202.5	105	115	-122.5	115	195	210	-225	210	527.5	70.99	SBD				
11	Tom Jodrell	M	GBR	YNE	Raw	MR-O		88.2	93	157.5	167.5	177.5	177.5	117.5	125	130	130	187.5	200	210	210	517.5	69.49	SBD				
12	Arsh Dhang	M	GBR	YNE	Raw	MR-O		89.6	93	145	152.5	160	160	97.5	102.5	105	105	205	215	225	225	490	65.29	SBD				
13	Chris Bull	M	GBR	YNE	Raw	MR-O		91.6	93	140	150	157.5	157.5	110	115	120	120	155	165	175	175	452.5	59.64	SBD				
1	aidan lynn	M	GBR	YNE	Raw	MR-O		98.6	105	252.5	270	-282.5	270	155	162.5	167.5	167.5	265	282.5	-295	282.5	720	91.57	SBD				
2	Thomas Hardie	M	GBR	YNE	Raw	MR-O		98.4	105	190	197.5	205	205	130	135	142.5	142.5	240	260	275	275	622.5	79.25	SBD				
3	Nick Jennison	M	GBR	YNE	Raw	MR-O		104.6	105	190	200	205	205	135	142.5	-145	142.5	245	260	-270	260	607.5	75.14	SBD				
4	Oliver Whalley	M	GBR	YNE	Raw	MR-O		104.6	105	225	-242.5	-242.5	225	97.5	105	107.5	107.5	220	230	235	235	567.5	70.19	SBD				
5	Zac van der Heiden	M	GBR	YNE	Raw	MR-O		104.8	105	190	205	212.5	212.5	132.5	137.5	140	140	190	200	210	210	562.5	69.51	SBD				
6	Bilal Mohsin	M	GBR	YNE	Raw	MR-O		103.4	105	172.5	175	182.5	182.5	105	115	-120	115	175	185	197.5	197.5	495	61.55	SBD				
1	Lawrence Kenworthy	M	GBR	YNE	Raw	MR-O		110.4	120	200	217.5	227.5	227.5	115	125	127.5	127.5	237.5	252.5	-265	252.5	607.5	73.29	SBD				

1	Oliver Hutchinson	M	GBR	YNE	Raw	MR-O	135.8	120+	212.5	225	235	235	150	155	160	160	245	260	-270	260	655	72.28	SBD
2	Shaun Kelly	M	GBR	YNE	Raw	MR-O	145.2	120+	220	-235	235	235	140	-150	-150	140	240	250	260	260	635	68.24	SBD
1	Eden Scantlebury-Watson	M	GBR	YNE	Wraps	MR-O	65.8	66	165	175	-177.5	175	70	-85	-90	70	180	-195	-195	180	425	66.36	SBD
1	jonathan banks	M			Raw	MR-O	80.6	83					95	100	-105	100					100	50.99	B