

OPL Forma Submit by email:

issues@openpowerlifting.org

Federation Date MeetCoun MeetState MeetTown MeetName Formula
 EPA '2023-11-04 ENGLAND WEST YORK YORKE YNEPF NO IPF GL Points

Place	Name	Sex	Equipment	Division	Bodyweigh	WeightCla	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squa	Bench1Kg	Bench2Kg	Bench3Kg	Best3Benc	Deadlift1K	Deadlift2K	Deadlift3K	Best3Dead	TotalKg	Points	Event	
1	Alistair Pagan	M	Raw	MR-O	69.7	74	190	200	205	205	130	-135	-135	135	230	240	-242.5	240	580	87.85	SBD	
2	Isaac Davis	M	Raw	MR-O	71.9	74	160	180	-200	180	140	-150	-150	140	220	240	255	255	575	85.69	SBD	
3	Reece Morgan	M	Raw	MR-O	73.2	74	185	195	200	200	120	125	-127.5	125	-215	230	-240	230	555	81.94	SBD	
4	Sam Honey	M	Raw	MR-O	73.2	74	175	185	192.5	192.5	105	110	112.5	112.5	195	210	222.5	222.5	527.5	77.88	SBD	
5	Aidan Jenkins	M	Raw	MR-O	73.3	74	170	175	180	180	100	105	-110	105	220	232.5	-242.5	232.5	517.5	76.35	SBD	
6	Matt Eagles	M	Raw	MR-O	73	74	180	190	-200	190	120	-127.5	-127.5	120	180	190	-200	190	500	73.93	SBD	
7	Louis Morton	M	Raw	MR-O	70.4	74	160	170	175	175	77.5	82.5	-87.5	82.5	170	182.5	192.5	192.5	450	67.8	SBD	
8	Lucas Robinson	M	Raw	MR-O	73.6	74	125	135	145	145	85	92.5	100	100	170	180	200	200	445	65.51	SBD	
9	Harry Buckingham	M	Raw	MR-O	72.9	74	132.5	142.5	152.5	152.5	82.5	87.5	-95	87.5	145	160	170	170	410	60.66	SBD	
1	Sam Read	M	Raw	MR-O	82.7	83	217.5	225	230	230	137.5	142.5	-145	142.5	240	255	262.5	262.5	635	88.06	SBD	
2	Cameron Gafaar	M	Raw	MR-O	81.3	83	200	212.5	220	220	130	140	-145	140	220	240	260	260	620	86.73	SBD	
3	Ryan Hill	M	Raw	MR-O	82.1	83	180	200	210	210	-137.5	137.5	145	145	245	265	-280	265	620	86.3	SBD	
4	Leo Hannan	M	Raw	MR-O	81.9	83	175	190	195	195	-120	120	125	125	220	237.5	250	250	570	79.44	SBD	
5	Leonardo De Brito Vilares	M	Raw	MR-O	81	83	192.5	-212.5	-215	192.5	105	107.5	110	110	242.5	262.5	-272.5	262.5	565	79.18	SBD	
6	Oskar Kindel	M	Raw	MR-O	81.1	83	170	180	-190	180	120	135	-145	135	215	235	250	250	565	79.13	SBD	
7	Andrew Flounders	M	Raw	MR-O	82	83	202.5	-215	-215	202.5	120	125	-132.5	125	200	210	-215	210	537.5	74.86	SBD	
8	Alex Macaulay	M	Raw	MR-O	81.5	83	165	175	185	185	122.5	127.5	-130	127.5	195	210	220	220	532.5	74.4	SBD	
9	Myles Foster	M	Raw	MR-O	81.5	83	-185	190	-200	190	105	110	112.5	112.5	205	220	-230	220	522.5	73	SBD	
10	Alfie Webgill	M	Raw	MR-O	83	83	172.5	180	-187.5	180	100	-105	-105	100	210	225	235	235	515	71.29	SBD	
11	Scott Ferguson	M	Raw	MR-O	82	83	170	180	185	185	90	-100	100	100	200	220	225	225	510	71.03	SBD	
12	Joss Salton	M	Raw	MR-O	75.8	83	175	182.5	-190	182.5	95	-102.5	-102.5	95	210	222.5	230	230	507.5	73.58	SBD	
13	Matthew Anderson	M	Raw	MR-O	78.3	83	132.5	142.5	150	150	95	100	-102.5	100	180	190	200	200	450	64.17	SBD	
14	Oliver Burgess	M	Raw	MR-O	75.8	83	162.5	167.5	-175	167.5	-75	75	80	80	170	182.5	-187.5	182.5	430	62.35	SBD	
1	Anthony White	M	Raw	MR-O	92.6	93	230	240	250	250	125	-130	-130	125	250	270	-285	270	645	84.56	SBD	
2	Ben day	M	Raw	MR-O	90.2	93	202.5	215	220	220	-122.5	-125	125	125	220	235	237.5	237.5	582.5	77.35	SBD	
3	Richard Parish	M	Raw	MR-O	91.1	93	160	175	-185	175	90	97.5	-102.5	97.5	235	255	265	265	537.5	71.03	SBD	
4	Ethan Chatfield	M	Raw	MR-O	90.4	93	-160	160	167.5	167.5	-125	-132.5	132.5	132.5	215	225	232.5	232.5	532.5	70.64	SBD	
5	Murat Gumus	M	Raw	MR-O	92.1	93	135	150	160	160	102.5	110	-117.5	110	180	202.5	-215	202.5	472.5	62.11	SBD	
6	Michael Evans	M	Raw	MR-O	88.9	93	152.5	162.5	170	170	105	-110	-110	105	157.5	170	180	180	455	60.86	SBD	
DQ	Robbie Crab	M	Raw	MR-O	91.4	93	185	195	205	205	-125	-125	-125	190	210	215	215	215			SBD	
1	Jonathan Banks	M	Single-ply	MR-O							90	100	105	105					105		B	
1	Anthony McLaughlin	M	Raw	MR-O	104.2	105	215	227.5	235	235	142.5	150	152.5	152.5	245	272.5	292.5	292.5	680	84.26	SBD	
2	Jake Taylor	M	Raw	MR-O	103.9	105	200	217.5	230	230	135	145	150	150	232.5	252.5	265	265	645	80.03	SBD	
3	Laurence Andrews	M	Raw	MR-O	98.1	105	215	225	-230	225	140	-150	150	150	225	235	-240	235	610	77.77	SBD	
4	Tim Turner	M	Raw	MR-O	102.9	105	170	182.5	192.5	192.5	105	112.5	117.5	117.5	217.5	230	240	240	550	68.55	SBD	
5	Joe curzon	M	Raw	MR-O	103	105	195	205	215	215	-100	100	110	110	200	215	225	225	550	68.52	SBD	
6	William Andrews	M	Raw	MR-O	98.9	105	170	190	200	200	110	120	-125	120	-220	-220	220	220	540	68.58	SBD	
7	James Riley	M	Raw	MR-O	96.5	105	155	165	175	175	100	107.5	112.5	112.5	185	200	212.5	212.5	500	64.25	SBD	
1	Charles Cornelius	M	Raw	MR-O	116.7	120	215	230	245	245	142.5	150	155	155	272.5	290	-300	290	690	81.2	SBD	
2	Andrew Pountney	M	Raw	MR-O	116.9	120	207.5	217.5	-225	217.5	120	130	140	140	230	250	270	270	627.5	73.79	SBD	
3	Patrick Godden	M	Raw	MR-O	116.3	120	170	180	190	190	140	147.5	-152.5	147.5	205	215	225	225	562.5	66.3	SBD	
4	Gerald Wakefield	M	Raw	MR-O	115.8	120	180	190	200	200	105	115	-125	115	205	215	225	225	540	63.77	SBD	
5	Ben Deller-Rust	M	Raw	MR-O	117.9	120	200	-215	-215	200	150	160	167.5	167.5	25	-75	-225	25	392.5	45.98	SBD	
1	Josh Berriman	M	Raw	MR-O	128.5	120+	285	305	320	320	165	175	182.5	182.5	310	332.5	-345	332.5	835	94.26	SBD	
2	Nathan Britton	M	Raw	MR-O	167.4	120+	280	-300	-300	280	-195	195	-200	195	230	-232.5	-235	230	705	71.91	SBD	
1	Jack Lundy	M	Single-ply	MR-O	117.2	120	195	205	212.5	212.5	115	120	125	125	-210	220	232.5	232.5	570	55.6	SBD	
1	Norbert Kulczycki	M	Raw	MR-O	95.8	105					155	-160	160	160					160		74.82	B
2	Christopher Cooper	M	Raw	MR-O	101.7	105					120	130	-132.5	130					130		59.08	B
1	Mat Brignall	M	Raw	MR-O	118.3	120					167.5	175	-182.5	175					175		74.28	B
1	Jack Dales	M	Raw	MR-O	138.2	120+					145	152.5	160	160					160		63.72	B
1	Phil Frost	M	Single-ply	MR-O	131.6	120+					212.5	-222.5	-231.5	212.5					212.5		60.72	B